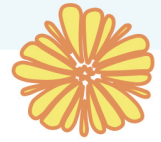


# ST BERNARDS POST

A new chapter, April 2021



## A NEW CHAPTER

A new year and a new chapter here at St Bernard's, with lots of change, growth and excitement for our residents and staff. We have faced challenges but come out stronger than ever. This year already has been packed with an array of events, activities and food! With new announcements for visits and activities. Read along to follow what we have been up to this year so far...



## STAFF ANNOUNCEMENTS

A huge congratulations to Priya on the birth of her Son!

A warm welcome to our newest members of the St Bernards Family, Jayde, Rebecca, Sandra, Hannah, Sophie, Alice, and Laura on Care.

Katie on our home visits, Kasia in kitchen and activities and Susan on housekeeping.

A well done to Bernie on becoming our newest Care Team Leader!

A goodbye to Denise, she has been with us here at St Bernards for over 7 years and has moved onto becoming the Housekeeping and Catering Manager at a Hospice.



## WE'RE GETTING SOCIAL

We are so proud of our activities team members on keeping the home alive with joy, laughter, good food and an excuse to dress up with the residents. All this and more are captured and placed on our social media outlets. Not only this, our Zoom and Facetime calls have been a massive hit with the home during the tough times of isolation. We still continue to do this as it brings families together from across the world. Follow us on our social media to keep up with our home!



@StBernardsCare



@StBernardsCare



# ACTIVITIES AT ST. BERNARDS



As you know activities are a huge part of St. Bernards Residential Care, creating meaningful and individual activities. It is important to us that residents get the very best out of their days, with the help of our homeowner, Patrick, in fulfilling his vision of a home with individual and meaningful activities. As the world changes every day, so we do we, with restrictions lifting and activities going on throughout the home daily, seeing the joy it brings to our residents is what our activities are about!



This year we have been making events of everything and anything! From Mother's Day Brunches, Cocktail Evenings, Valentine's Day card making, Kindness Day flower exchanging, World Book Day Fancy Dress Competition and around the world food tasting, thanks to our wonderful catering team at Wilson and Vale. Each and every staff member at the home has taken on the role an activities person. From walks in the gardens, tea-time, crosswords or even just a one-one chat, which our residents love. Engage is our motto we all try to live by at the home as a part of culture rather than a job.

We are happy to announce that our minibus trips are back in full force, just in time for the weather change. We feel very positive changes here and are looking forward to the upcoming months.

## HOME & GARDEN SPA VISITS



Finally, the time has arrived to introduce you all back into our home! The week commencing 12th of April, we will be opening our doors to family and friends once again. Our booking systems will now allow in home visits as well as our garden spa visits. We are so grateful for how positive and efficient our visits have been for our residents and family, be sure to book in your slot via our email at [stbernardscarehome@gmail.com](mailto:stbernardscarehome@gmail.com)

### OUTSTANDING WINNER OF OUR POETRY COMPETITION, MARGARET:

*Grey skies, a passing shower  
Dashing down a thrusting flower  
Its petals marked  
With mud*

*A bumble bee in desperate haste  
Searching for nectar in a place  
Hidden from view  
To taste*

*Oh, wayward spring by your nature  
You captivate a persons thoughts  
To sunnier times*



## KEYWORKER PROGRAMME

As a part of our keyworker programme, each staff member has an allocated resident to build a meaningful one-to-one relationship with. This includes having a time to get to know one another, to really create individual based care, which is what we are about. Look out for you relatives keyworker to get in touch and find out more!

## FAMILY FORUM

What a fantastic turn out at our last family forum. With a total of 18 attendees including family and friends from across the globe. We are grateful that we can offer such a thing for everyone to get together and have any questions to be answered together. Look out for our next email invite, we hope to see you then!