

DECEMBER 2021 ISUUE

CHRISTMAS AT ST BERNARDS



WISHING YOU A HAPPY AND HEALTHY
CHRISTMAS AND NEW YEARS



A BIG
THANK
YOU

A message from our Care Home Manager Tracey:

A big thank you to you all for the support that you have shown to us over the last 12 months, and a huge thank you to our team who continue to be loyal and dedicated to the care of our residents. The activities held throughout the year, would not have been possible without such a passionate team. I wish you all a very happy and peaceful Christmas. Here's to 2022!

-Tracey Chester



ENGAGE AT ST BERNARDS

As you all know activities are a very large part of St. Bernards Residential Care. Taking the time and effort, to ensure our residents get the very best out of their days. Establishing the St Bernards vision of 'meaningful and individual activities' is taken place for every resident on a daily basis, creating a 'plan for the day' as well as personal centered keyworker time.

Engage represents the culture of 1-2-1 connection. We have plenty of activities that are also a great way to exercise 'Engage'. Every member of staff has a role in our resident's life, whether that is to simply stop and spend meaningful time with a resident or walk into a room and make sure it is a nice setting for them.

'How does it feel when you enter a room? Sight, smell, feel and warmth'



EXCITING THINGS TO COME

We are looking to create a new Sensory feel to some of our lounges at the home. Using beautiful lights, decorative lamps, and music to be played on the record player. This will be a space for residents to relax and enjoy a peaceful space with other residents and staff.

Feeling fresh!

We will be sprucing up our home with new furniture, gadgets, and a lot of love. Watch this space for updates on our Instagram and Facebook!

REFLECTING ON THE YEAR

We would like to congratulate Donna on joining our HR department. Well done Donna!

Welcoming new starters to the team, Emma, Katie, Katie, Paulina, and Mo! Welcome to the team.

A sad goodbye to one of our wonderful Carers Helen. Helen has been with us for over 2 years. We say thank you for all the support and care, and good luck with your future!

